

Terry Binding - "These photos show my psoriasis which i had for over 30 years!!!

I took the first lot of photos in September 2018 while I was waiting for my K8 to arrive from Sydney.







The second lot were taken in December that same year, then I took one of my arm in February.







It is now September 2019 and the photo of me showing both my arms was taken a few months ago and the one of my back was taken today - 5th September 2019. "

Action taken: "I drank 1 Litre of PH11.5 - 1/3 of it first thing in the morning as I got up, then another 1/3 at lunch time and the last 1/3 in the evening. I drank PH8.5, two weeks later PH9.0, then two weeks after that PH9.5. I drank whichever PH I was on during the day between the PH11.5.

I drank 2-3 litres a day. I also sprayed the affected areas with PH11.5, PH2.5 then PH6.0 allowing them to air dry.

I didnt take any medications or creams during this time.

I always feel for anybody who has psoriasis or eczema - I know how much pain they're in.

Stay hydrated, change your water, change your life."









**Emily Leonard -** "Electrolysed reduced water has completely changed my life, my health & my well-being.

I have suffered with IBS since I was 20, restricted from so many food types and even certain beverages.

After many trips to the docs, colonoscopies & a few emergency hospital visits, the only advice I could get was stick to a strict diet & take medication daily for the foreseeable - not great.

I then came across Kangen Water & I started noticing a difference after around 6 weeks of consistently drinking from the K8 - 3L of 9.5ph water everyday. I started testing out different foods at first and then a few weeks later, I put myself through a week of eating all the foods that would generally end up leaving me in excruciating pain.... & guess what happened..... nothing.

After testing ERW for 3 months, it was OFFICIAL... Completely IBS FREE & I can now eat whatever I want, without ANY restrictions due to this beautiful, POWERFUL product that we get to share with the world.

The second thing that happened... for the last few years I have sadly suffered with Adult Acne, which was crushing to my self-esteem, I sometimes wouldn't even leave the house when it was very flared. After consistently drinking the water and showering in our Anespa, my acne has reduced by 90% only showing slight scarring now but otherwise I do not suffer with adult acne anymore because of drinking Electrolysed reduced water and showering in the Anespa daily.

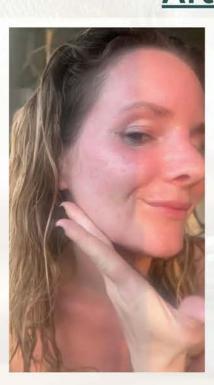
## **Before**







## **After**





These products has completely changed my life inside & out, and I could not be more grateful & PROUD to be apart of it."





**Max -** "I used to suffer from severe mouth alcers - pictures speak louder than words so here they are.







They were so bad they even ate away my uvula. I was in so much pain with them. If you've ever suffered from something that gives you a lot of pain, you'll understand what i'm talking about. You're trying anything and everything to get yourself out of that pain.

I couldn't even be human. For me it effected my speech, it affected me eating, drinking, swallowing saliva, yawning, anything to do with mouth or throat I just couldn't do without being in excruciating pain. I remember when I used to sleep with my head over the mattress so that my saliva would dribble out so that I didn't have to go through the pain of having to try to swallow at night.

Im not going to sugar coat it, but I dont want to dramatise it - I didnt want to exist anymore, my life was just a contant pain to me that I generally had plotted my own suicide because I just didn't want to be here anymore.

But now that part of my life is over & I came along came Kangen Water. The first time I tried 2.5PH I used it as a mouth wash as I was advised to do and it felt like it was hugging my mouth, the only way i can describe it. I felt all that pain had gone just from swirling the water around in my mouth. I was like ok, i'll try this. Everything else i used before, mouth wash, creams etc, I had to use to numb my mouth in order to try and eat something each day and my hand would physically shake as my brain new the pain that was about to come, which is why i was so shocked when I swirled the 2.5ph and it didnt hurt.

I then started drinking the 9.5ph water and ive been drinking it for about 9 months now & I havent had a single mouth ulcer since and it blows me away. Im still speechles about it.

The slogan of Enagic - Change your water, change your life, its so fucking true for me. I can not speak highly enough about it.

I hope this gives you an understanding of how it can truly change peoples lives. For me, my life is completely different."

## TIDES OF CHANGE



Lizzie Jamieson - "Firstly, my mum had a sudden brain haemorrhage May 31st from a ruptured brain aneurism. It came on within minutes and was a really horrific and scary time to be honest! I called 999 and they came immediately and whisked her off.

She was transferred to a special neurological hospital where she had to have surgery on her brain to stop the bleed, which happened successfully. She didn't eat or drink though for weeks and was basically in a vegetative state for a while. We weren't too sure about the outcome... Her brain processing seemed to have a delay too and she wasn't responding very well.

Fast forward a few weeks and she came home with just extreme fatigue as a symptom of the brain haemorrhage! Phew.

I affiliated with Enagic days prior to this all happening but understandably took a break while all of this was happening (for about a month).

I started doing research into what can help extreme fatigue and vitamin B12 kept coming up. I suddenly thought, DUH. Ukon!!! Not just has it got B12, but a whole bunch of other vitamins that would help her get back on track.

So mum's been taking them religiously since she's been home (mid June) and she regularly surprises her doctors and nurses when they check on her. She's come on in leaps and bounds and you wouldn't even know she'd just had a stroke a few months ago.

I have no doubt in my mind that Kangen water and Ukon is helping aid my mum's recovery."





Mel Kate - "My IBS journey started in my early 20's which, looking back now comes as no surprise, I tried every FAD diet that you can think of. I loaded myself up on protein powders, supplements, sugar free, and everything artificial you can think of because I thought it was 'healthy.'

For me an IBS flare up would include all sorts of painful symptoms: bloating, body aches, stomach pain and nausea that would often leave me bedridden. I even made a few trips to hospital due to the pain I was in but always with no resolution. I had numerous colonoscopies, endoscopies and trips to the gastroenterologist to be told every time that it was IBS and I just needed to follow a LOW FODMAP diet. While cutting out all the foods I loved did help, I knew it was only masking the symptoms. As soon as I ate a high fod map food I would immediately regret it. No word of a lie an apple which is considered high fodmap would cause me gut issues.

It wasn't until the end of 2022 that I found an amazing business opportunity, which alongside the business model the best part of it is actually the amazing products. The main one being my K8 machine that produces electrolyzed reduced water. I have now consumed this water since and have not had ONE IBS flare up. Whilst I have also made a few little tweaks to my diet I can now eat all the foods that once made me have a flare up- without ANY issues.

I am so so passionate about health and wellness and have always been but my views have definitely changed in the past few years to a more holistic approach and completely avoiding what the "Standard" guidelines tell us to do and instead considering QUALITY.

I truly believe that so many diseases and health issues in the world today are due to dehydration and what we can consume and can be cured with better QUALITY water and foods of course.

I have now shared this water with my family members who immediately noticed a difference within a few months. In particular my mother who has arthritis.

I honestly think everyone needs the quality water that the K8 produces in their home and it is the answer to so many health ailments in the world today!"





Emily Lenore - "The biggest difference I noticed immediately after starting to drink Kangen water is the sloshiness feeling in my stomach when working out at the gym. When I was exercising and drinking regular water, I could literally hear and feel water sloshing around in my gut - when I drink Kangen this never happens because the micro-clustered water molecules can access inside the cells of the body, meaning the water doesn't get left floating around the outside, waiting to pass through.

The second biggest difference I noticed was my sleep. After drinking Kangen for 2-3 weeks my body naturally woke up earlier than normal, so I was sleeping for less hours but I was waking up with more energy and feeling more rested than when I was sleeping for longer hours and not drinking Kangen.

I also use the 11.5pH water to help stimulate melatonin at night if I'm dealing with jet lag or having trouble getting to sleep."



Adam Carr - "During my travels in India, specifically in New Delhi, I had a memorable experience participating in water balloon fights on the rooftop during Holi festival. However, I unfortunately contracted a severe stomach infection, often referred to as 'Delhi belly,' due to inadvertently ingesting the water. India is known for its water quality concerns, and drinking tap water is generally not recommended. While I managed to overcome the infection during my travels, I noticed that my stomach remained unusually sensitive even after returning home

The infection would sporadically resurface without warning over the course of several years. Like many people, I coped with it as best I could.

However, things took a turn when I stumbled upon a business opportunity that allowed me to work online and introduced me to electrolyzed water, specifically Kangen 9.5 water. I heard remarkable stories of how Kangen water had helped others with similar stomach issues, and I decided to give it a try. After consuming it daily for several months, I realized that I hadn't experienced any stomach problems during that time. The Kangen water seemed to have cured me. I decided to test this by discontinuing its consumption, and unfortunately, my stomach issues returned.

This experience has made me realize just how important the water we drink can be for our health, and I am committed to making Kangen 9.5 water a permanent part of my daily routine. It's incredible how a simple change in water quality can make such a profound difference in our lives. "

## Other experiences within our global water community:

~Kayla Purdy: "I have suffered from painful bleeds my whole life to the point of being bedridden for the first day/s, the only change in my life was the water and I now have no pain leading up to my cycle or the time of and have an abundance of energy during this time. The best thing that has ever come into my life."

Angela Gunther: "Has cleared up my skin through drinking 9.5 and spraying 6.0."

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~ Sara Abrahamssom: "After I started drinking 9, 5, I feel more energised, less bloating + stomach pain and have a regular cycle. The only change I did in my life was changing the water. It's just incredible!"

~ Charys Smolders: "I used to have a very dry skin, it's gone since I drink 9.5 & use 6 beauty spray. Also, my digestive system improved a lot & I don't feel thirsty all the time anymore."

~ Noa Mercedes Ankori: Since drinking Kangen I have not had any dehydration issues during hot summers (living in Israel), and when I go abroad (drinking bottled water) I have it so easily.

~Katie Skitt: "Fungal skin condition of 8 years gone."

~ Anastasia Brown: "I decided to send my Ukon to her in South Africa until I can buy her, her own K8. She has been suffering from migraines, constant stomach ache and nausea which lead to her at times not being able to eat because she was afraid of getting sick.

She started taking Ukon daily for about 3 months now and she let me know this morning that migraines, stomach ache and nausea is now something of the past!

I am super grateful for this product & cannot wait to see more results & changes in her body once she starts drinking Kangen Water.

Thank you Enagic for changing lives!"



NB: These are not health claims, they are peoples experiences with the water. If you are interested to test it, let me know where you live & we may be able to find someone to do a water share with you that is near by.



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